



Saddletowne YMCA Presents: A Healthy Ladies Night Out



When: August 28th from 7:00PM-10:00PM

The Saddletowne YMCA is excited to host our third Ladies Night. Access is FREE for this event, which will include drop-in fitness classes, wall-climbing, drop-in badminton, weight floor workshops, and a health fair.

Facility access will be limited to females only